



KNIGHTS

Church of Saint Francis of Assisi
Knights of Columbus Council 14170
Rochester, MN
Volume 13 No.2 February 2018

Notes



Council Officers

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(open)

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John Hunt

Deputy Grand Knight

Dale Frank

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Mike Wolter

With John Hunt out of town and Lent quickly approaching, this month we are sharing a letter from our State Chaplain Fr. Jeff Horejsi.

If you are like me, you both look forward to and dread the coming of Lent. The dread is easy to understand as we often resist change and do not want to do the hard work of conversion. We all want our lives to be better, but we don't like the pain of giving up some things and the struggle of creating new, better habits. One of the things that can help us make positive changes in our lives is knowing that many of our fellow church members are also going through the same thing during this special season of Lent. If others can change, so can we!

We look forward to Lent because it is a grace filled time to focus on our faith life and reaching out more to those in need. Who of us could not benefit from more time spent with the Lord? Parishes offer the Stations of the Cross, the Sacrament of Reconciliation, and other prayer and service opportunities. In Minnesota, March is Food Share month, so there is more of an incentive to support our local food shelf. As Knights, we have the Food for Families program to participate in. Whether we choose to give to the Catholic Relief Services collection or the Rice Bowl or some other charity, we can make a difference in the lives of those without the necessities of life. Fasting is a tradition that goes back to the early church. Church members would deny themselves a meal and use the funds saved to give to those who had nothing to eat.

If you are not accustomed to advocating for justice, Lent may give us that extra push we need to do so. A good place to start is www.mncatholic.org, and then go to Advocacy Areas. The U.S. Conference of Catholic Bishops website is also very good: www.usccb.org, and then go to Issues and Action.

May you have a very productive Lent. God loves us and forgives us, and God is ready to help us break through the resistance to change.

Vivat Jesus!



Pancake Breakfast

Thanks to all those who came to eat or help, we had a successful breakfast to help kick off Catholic Schools Week.

We'd love to have you join us for some work and fellowship, at our next breakfast on March 18, and at either of our monthly meetings (February 13 and March 13). New folks are definitely welcome! If you have any question, just reply to this email.

Holy Hour for Men

You are invited to attend the Rochester Holy Hour for Men. It is hosted at St. Francis of Assisi, on the third Sunday of every month (this month- December 17th at 6:00 pm). For more information, click this link or go to: <https://www.facebook.com/rochestermensholyyhour>

Happy Birthday!

February Birthdays

| | |
|------------------|----|
| DEAN ASCHEMAN | 6 |
| JAMES SWANSON | 6 |
| PAUL STELLPFLUG | 7 |
| RICHARD FISHBUNE | 11 |
| JOSEPH DOYLE | 12 |
| MICHAEL SHEPARD | 13 |
| TIMOTHY PASSE | 14 |
| BRUCE ANDERSON | 15 |
| JOSEPH POWERS | 15 |
| PAUL FEIND | 19 |
| RUSSELL KEATING | 26 |

Dates To Remember

Tuesday, February 13th, 7:00 pm
Monthly Meeting in St. Clare Room

Sunday, February 18th, 6:00 pm
[Rochester Holy Hour for Men](#)
Hosted at St. Francis of Assisi parish

Tuesday, March 13th, 7:00 pm



Volume 13 No 2

St. Francis Knights of Columbus # 14170

February 2018

Monthly Meeting in St. Clare Room

Sunday, March 18th
Deluxe Pancake Breakfast